



**STONEFRUIT** SUMMER

## SELECTION TIPS:

The sweetest peaches and nectarines have small white spots (speckle) on the top half.

Plums come in a range of colours and generally become dull just before they are ready to eat.

Apricots vary from yellow to orange with a red 'blush'. Wait until they lose any green.

Stonefruit is best just as it starts to soften. It should 'give' slightly when squeezed and have a delicate sweet fragrance.

# KEEP IT DRIBBILICIOUS

Handle carefully, store at room temperature, only store in fridge when very ripe.